



# Henry

January  
2024

## Lunch Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b>  	<b>2</b>  	<b>3</b>  	<b>4</b> BBQ Chicken Sandwich Cheeseburger on a Bun Crispy Chicken Wrap  Green Beans Cherry Tomato Applesauce Fresh Pear Milk Choice	<b>5</b> Pepperoni Pizza Chicken Alfredo w/Pasta Whole Grain Dinner Roll Chicken Caesar Salad  Black Beans Cherry Tomato Diced Pears Fresh Pear Milk Choice
<b>8</b> Cheese Bosco Stick Crispy Chicken Tenders Whole Grain Dinner Roll Pizza Munchable  Steamed Green Beans Cherry Tomato Peaches, Diced Fresh Grapes Milk Choice	<b>9</b> Beef Hot Dog on a Bun Beefy Nachos w/Cheese Sauce  Salsa Crispy Chicken Salad  Roasted Corn Cherry Tomato Mixed Canned Fruit Fresh Grapes Milk Choice	<b>10</b> Italian Meatball Sub Crispy Chicken Sandwich Turkey BLT Wrap  Refried Beans Cherry Tomato Pineapple Tidbits Fresh Grapes Milk Choice	<b>11</b> Pasta with Meat Sauce Whole Grain Dinner Roll Cheeseburger on a Bun Turkey Deli Sandwich  Roasted Broccoli Cherry Tomato Applesauce Fresh Grapes Milk Choice	<b>12</b> Cheese Pizza Pancakes Easy Egg Bake Sunbutter and Jelly Sandwich Cheese Stick  Glazed Carrots Cherry Tomato Diced Pears Fresh Grapes Milk Choice
<b>15</b>  	<b>16</b> Corn Dog Chicken Tacos Beef Taco Salad  Refried Beans Baby Carrots Mixed Canned Fruit Banana Salsa Milk Choice	<b>17</b> Meatloaf Whole Grain Dinner Roll Crispy Chicken Sandwich Turkey Deli Sandwich  Mashed Potatoes Baby Carrots Pineapple Tidbits Banana Gravy Milk Choice	<b>18</b> Grilled Cheese Sandwich Tomato Soup Cheeseburger on a Bun Chef Salad  Kung Fu Carrots Baby Carrots Applesauce Banana Milk Choice	<b>19</b> Pepperoni Pizza Lasagna Garlic Toast Sunbutter and Jelly Sandwich Cheese Stick  Roasted Broccoli Baby Carrots Diced Pears Banana Milk Choice
<b>22</b> Macaroni & Cheese Crispy Chicken Tenders Whole Grain Dinner Roll Honey Mustard Ham Wrap  Steamed Peas Broccoli Florets Peaches, Diced Fresh Pear Milk Choice	<b>23</b> Breakfast Sandwich Beefy Nachos w/Cheese Sauce  Chicken Caesar Salad  Refried Beans Broccoli Florets Mixed Canned Fruit Fresh Pear Milk Choice	<b>24</b> Italian Stromboli Marinara Sauce Crispy Chicken Sandwich Honey Mustard Ham Wrap  Steamed Carrots Broccoli Florets Pineapple Tidbits Fresh Pear Milk Choice	<b>25</b> Popcorn Chicken Bowl Bread Stick Cheeseburger on a Bun Turkey Deli Sandwich  Broccoli Florets Applesauce Fresh Pear Milk Choice	<b>26</b> Cheese Pizza Beef Chili Tortilla Chips Sunbutter and Jelly Sandwich Cheese Stick  Steamed Green Beans Broccoli Florets Diced Pears Fresh Pear Milk Choice
<b>29</b> Cheese Bosco Stick Marinara Sauce Crispy Chicken Nuggets Whole Grain Dinner Roll Turkey Munchable  Steamed Green Beans Red/Orange Bell Pepper Peaches, Diced Fresh Grapes Milk Choice	<b>30</b> Pancakes Easy Egg Bake Chicken Tacos Southwest Chicken Salad  Potato Wedges Red/Orange Bell Pepper Mixed Canned Fruit Fresh Grapes Salsa Milk Choice	<b>31</b> Orange Chicken Brown Rice Crispy Chicken Sandwich Chicken Caesar Wrap  Steamed Carrots Red/Orange Bell Pepper Pineapple Tidbits Fresh Grapes Milk Choice	<b>1</b>  	This is for Food 4 Thought

PRICES

EXTRA INFO

Entree salads served with WG dinner roll.  
1% white or chocolate milk offered with meal.  
For questions or concerns contact  
jhggestad@clintoncardinals.org

HARVEST OF



THE MONTH

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